



Today:
Increasing clouds.
Showers.
High 52°.

Tonight:
Thunderstorms.
Low 35°.
Tuesday:
Rain or snow.
High 38°.

Monday NOW is brought to you by the University of Sioux Falls

WASHINGTON HIGH SCHOOL • SIOUX FALLS, SD

Happening NOW

- Cheerleading:** Auditions for 2007-08 squads 3:30 p.m. today and Tuesday in gymnastics room
- Track:** Junior Varsity City Meet 4 p.m. at WHS
- Dakota Step:** Testing today and Tuesday morning
- Baseball:** Season opener 5:30 p.m. in Mitchell

Lunch Time at WHS

- Today's lunch:** Hamburger
- A la carte lines:** Spaghetti, chef salad, taco fixins'
- Tuesday:** Breaded chicken sandwich

Group Meetings

- Key Club:** Members will meet at 3:10 p.m. Tuesday in E-119. Drop off your bag of Easter Candy in E-119 today or Tuesday.
- SADD:** Members will meet at 7:45 a.m. Wednesday in A-113. New members are welcome.

Other Reminders

- Cheerleader:** Tryouts will be held from 3:30-5:30 p.m. today and Tuesday in the gymnastics room.
- Polar Plunge:** Participants should turn in money and signed applications to coordinator Lyle Farrand today or Tuesday. Pictures will also be taken at that time.
- After School for Credit:** Time is running out to complete course work. Hours are Monday-Thursday 3:30-5 p.m.

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Juniors take Dakota Step tests today-April 12

Much rides on tests of academic progress

By Laura Heck and Sarah Jamison

Today, WHS juniors will begin to determine how WHS compares to schools across the state as they begin Dakota Step testing.

Testing will continue Tuesday and come to a close on April 11 and 12 next week.

The Dakota Step tests are a part of the nationally mandated No Child Left Behind legislation that assesses how well schools are educating students.

WHS juniors will be divided into 16 representative cells for statistical purposes, and this year the school administration is striving to improve our showing of 13 proficient cells in 2006 and this year qualify all 16 cells as proficient.

Principal Jamie Nold said he cannot stress strongly enough the importance of these tests.

"Overall, the importance of the tests for the school is to show our mastery in the sections tested," Nold said. "It also compares us to schools statewide, as well as district-wide."

WHS has been known as a school of excellence, and that reputation is on the line in testing this week and next.

Overall, Nold said juniors are urged to do their best on these tests because that reputation and their senior open lunch is at stake.

"If juniors are proficient, they will receive the privilege of open lunch as a senior," Nold said. "It is also registered on their transcripts."

Junior Jed Peters said he is ready and will take the tests seriously.

"I tried to get a good night's sleep as well as a healthy breakfast," Peters said. "I am determined to get my open lunch."

Dakota Step schedule:

Testing Days:

- Today and Tuesday and April 11 and 12.

Testing Schedule:

- Today:** Testing/ad-room 8:30-10:10 a.m.
- Other days:** Testing/ad-room 8:10-10:10 a.m.
- Freshmen-juniors:** Report to ad-room
- Seniors:** Do not need to report until 10:10 a.m.

Academic Schedule:

All Testing Days:

- First Period: 10:16-10:45 a.m.
- Second Period: 10:51-11:20 a.m.
- Fourth Period: 11:26 a.m.-12:20 p.m.
- 4A 11:26-11:50 a.m.
- 4B 11:55 a.m.-12:20 p.m.
- Fifth Period: 12:26-1:20 p.m.
- 5A 12:26-12:50 p.m.
- 5B 12:55-1:20 p.m.

Third Period: 1:26-1:55 p.m.

Sixth Period: 2:01-2:30 p.m.

Seventh Period: 2:36-3:05 p.m.

- Note:** The non-sequential order of periods.

Schedule of Tests:

- Today:** Reading
- Tuesday:** Math
- April 11:** Reading and Science
- April 12:** Math and Science

Ad-Room Activities:

- Today:** Presentation in gym "Youth at Work"
- Tuesday:** Freshmen study hall, sophomores attend "Shakespeare Unabridged"
- April 11:** Diversity activities, safety survey
- April 12:** Motivational speaker, dance presentation

JV track team competes outdoors for first time

By Michaela Steinborn

The WHS junior varsity track team will host a City Metro meet today on the WHS track.

Sophomore runner Amanda Farritor said she is excited to

see the team's capabilities.

"It's the first meet of the season for a lot of us, but our hard work in practice will pull us through," Farritor said.

Freshman runner Alan Bachmeier is hoping for a

strong showing.

"We will run and jump our hearts out and we are very determined to win," Bachmeier said.

The varsity team will compete in Yankton Tuesday.

Please share—leave on tables until 5B

Q Warrior & A

A profile of WHS students

Editor's note: The Warrior Q & A is a weekly profile of Warrior students with the goal of helping members of the WHS community come to know each other better. Subjects are chosen by the Student of the Month Committee at WHS.

Assembled by Josh Olson
Photos by Miki Hopp

Regina Dumansky
Senior Student of the Month

- **Activities:** I am involved in First Priority, art club, principal's advisory council and peer tutoring.
- **Family:** My family consists of my dad, Bill; my mom, Jackie; my sisters, Kristina, Elizabeth and Hannah and my little brother who is on the way.
- **What is your favorite class this semester?** I enjoy AP English because I love the discussions we have.
- **What do you like best about WHS?** I enjoy the great diversity of people.
- **What is your message to the readers of the NOW?** Don't live your life without a purpose.



Dzenan Berberovic
Senior Student of the Month

- **Activities:** I am involved in student council, senior class officer, newspaper, SALSA, principal's advisory council, peer helpers, prom committee, improv, drama and SADD.
- **Family:** My family consists of my mom Emira and I.
- **What is your favorite class this semester?** I enjoy mentoring in the WHS cluster room.
- **What do you like best about WHS?** My favorite thing about WHS is the dedication of both the students and staff to making WHS an even better place than it already is.



Study shows junk food ads target kids

By Stephen J. Hedges
Chicago Tribune (MCT)

WASHINGTON — Children eight to 12 years old are exposed to an average of 21 television food advertisements each day, commercials that predominantly push candy, snacks and other unhealthy foods contributing to childhood obesity. Fully half the ads on children's programs involve the sale of food items.

And they're not pushing healthy foods. "The vast majority of the foods that kids see advertised on television today are for products that nutritionists would tell us they need to be eating less of, not more of," said Vicky Rideout, a vice president at the Kaiser Family Foundation, which reported the research Wednesday as part of what Kaiser billed as the first comprehensive study of food advertising and children.

The Kaiser study expands on a 2005 Institute of Medicine report that found a link between food advertising and children's food preferences. That earlier study on childhood obesity said the food industry "should develop and strictly adhere to marketing and advertising guidelines that minimize the risk of obesity in children and youth."

Major food manufacturers have promised to do just that, pledging that half of their advertising targeting children will include messages that promote healthy food and physical activities. That effort is still being developed, however.

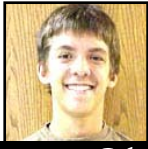
Over the past 30 years, the obesity rate in children ages six to 11 has jumped from four to 19 percent. For children aged two to five, the rate has increased from five to 14 percent. For kids 12 to 19 years old, it rose from five to 17 percent.

About 34 percent of the ads kids viewed were for candy and snacks, 28 percent were for cereal and 10 percent were for fast foods, the study found. Four percent of the ads pitched dairy products, and just one percent marketed fruit juice. Of the 8,854 commercials the Kaiser study included, none were for fruits or vegetables.

It's time to bring the gold home to U.S.

One sport combines human speed with nature. A sport defined by pure agility. A sport unknown to many human beings. The sport is luge, and it's pure excitement.

Luge consists of a guy—or sometimes two—in a sleek jumpsuit and helmet laying on a metal sled and careening down an icy track. With that combination of items, luge is chalked full of suspense, destruction and speed.



Hear me...
NOW
NEWS OF WASHINGTON

Gabe Steinborn

A l t h o u g h Americans are not historically very good at this sport, they most recently placed second and third in doubles at

the 2002 Winter Olympics and are considered the team to watch. For this reason, I have decided to take on the burden of bringing the gold home to the USA in luge. I began my early training by picking up speed on a skateboard down the driveway. I've now moved on to sledding on snow and occasionally on icy sidewalks. I spend long nights visualizing competing in an Olympic event.

I take my inspiration from Armin Zöggeler who placed first for Italy in the 2006 Winter Olympics, but because of the 4,759 miles of arduous land and ocean between he and I, I have been unable to meet this master of the luge.

Next, I am hoping for the construction of an Olympic-quality luge course in Sioux Falls. Hey, maybe after that indoor pool at Nelson Park gets built.

Sophomore Gabe Steinbron is a real luger.

Warrior baseball team opens season at Mitchell today

By Eric Mayer,
Adam Heck
and Erik Ordal

It's spring, and major league baseball gets into full swing for the first time today—but that's not the only baseball action WHS students have to look forward to.

The Warrior varsity baseball team will open what they hope will be a new and improved season today as well.

The team will take on Mitchell in a game previously scheduled for Harmondon Park, but moved to Mitchell because of the wet conditions at Harmondon at 5:30 p.m. today.

Junior Rob Smith said the team can win.

"We hope to be around the .500 mark for this season," Smith said.

As the season begins the team is going to come out looking for a fast start, sophomore Bobby Olseth said.

"We will be good in the infield and our starting rotation looks good," Olseth said.

Coach Matt Schuldt says the Warriors are ready.

"If our pitching and defense plays well, we will do just fine," Schuldt said.

After tonight's game the team takes on O'Gorman Thursday at 5 p.m.

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